



Northwest Community Center
 701 Saxon Ave.
 Spartanburg, SC 29304
 (864) 562-4291
 Recreation Assistant: Drew Means
 Recreation Assistant: Dorothy Thomas

MAY 2019

Programming provided on
 Monday – Friday 8:30 am – 1:00 pm
 All activities are subject to change



Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00—Visit at T.W. Edwards in Pacolet 12:00—Lunch	2 9:00—Gym Walk 9:30—Choir 10:30—Bible Study with Min. Harris 11:30—Bible Trivia 12:00—Lunch	3 9:00—Gym Walk 9:30—Balloon Toss 9:30—BP Check 10:00—Songs of Praise with Jackie 11:00—Arthritis Exercise 12:00—Lunch	4
5	6 9:00—Gym Walk 9:30—Nurse Lori (SRHS) 10:30—Cuirt Bomar Songs & Praise 11:30—Stretching 12:00—Lunch	7 9:00—Gym Walk 9:30—Advisory Meeting 10:00—Shopping Trip 11:00—Arthritis Exercise 12:00—Lunch	8 Assessments 9:00—Gym Walk 9:30—Mother’s Day Breakfast 10:30—Min. Logan 11:00—Arthritis Exercise 12:00—Lunch	9 9:00—Gym Walk 9:30—Choir 10:30—Bible Study with Min. Harris 11:30—Stretching 12:00—Lunch	10 9:00—Gym Walk 9:30—Balloon Toss 9:30—BP Check 10:30—Mother’s Day Pictures 11:00—Arthritis Exercise 12:00—Lunch	11
12 HAPPY MOTHER’S DAY	13 9:00—Gym Walk 9:30—Bring Your Program from Church 10:30—Min. Carlos Jones 11:30—Dominoes 12:00—Lunch	14 9:00—Gym Walk 9:30—Senior Enrichment Day (Cleveland Park) 10:00—Crafts 11:00—Arthritis Exercise 12:00—Lunch	15 9:00—Gym Walk 9:30—Nursing Home Trip 10:30—Pokeno 11:00—Arthritis Exercise 12:00—Lunch	16 9:00—Gym Walk 9:30—Choir 10:30—Bible Study with Min. Harris 11:30—Button Button 12:00—Lunch	17 9:00—Gym Walk 9:30—Balloon Toss 9:30—BP Check 10:30—Good News Hunt 11:00—Arthritis Exercise 12:00—Lunch	18
19	20 9:00—Gym Walk 9:30—Nutrition Education 10:30—Min. Cynt Brown 11:30—Checkers 12:00—Lunch	21 9:00—Gym Walk 9:30—Left Right Game 10:00— Two Truths and a Lie 11:00—Arthritis Exercise 12:00—Lunch	22 9:00—Gym Walk 9:30—Birthday Party 10:30—Dance Contest 11:00—Arthritis Exercise 12:00—Lunch	23 9:00—Gym Walk 9:30—Choir 10:30—Bible Study with Min. Harris 11:30—New Day Book 12:00—Lunch	24 9:00—Gym Walk 9:30—Balloon Toss 9:30—BP Check 10:30—Memorial Day Celebration 11:00—Arthritis Exercise 12:00—Lunch	25
26	27 CLOSED Memorial Day	28 9:00—Gym Walk 9:30—Horseshoes 10:00— Trivia 11:00—Arthritis Exercise 12:00—Lunch	29 9:00—Gym Walk 9:30— Volleyball 10:30—Crafts 11:00—Arthritis Exercise 12:00—Lunch	30 9:00—Gym Walk 9:30—Choir 10:30—Bible Study with Min. Harris 11:30—Puzzles 12:00—Lunch	31 9:00—Gym Walk 9:30—Balloon Toss 9:30—BP Check 10:30—Mind Games 11:00—Arthritis Exercise 12:00—Lunch	