



180 Foster Street

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Cowpens, SC 29330

Recreation Assistant: Debi Brown

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Timken Community Center

MAY 2019

Programming provided on

Monday – Wednesday 8:30 am – 1:00 pm

All activities are subject to change.



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	-		9:00—Exercise 10:00—Movie Time 11:30—Lunch 12:00— Advisory Meeting	2	3	4
5	6 9:00—Exercise 10:00—Dr Mermey: Back for a Visit 11:30—Lunch 12:00—Walk	7 9:00—Exercise 10:00—Brian's Bible Study 11:00—Music by Betty Carr 11:30—Lunch 12:00—Walk	8 9:00—Exercise 10:30—Visit to Strawberry Hill and Lunch	9	10	11
12	9:00—Exercise 10:00—Love Bluegrass Music by Joy Makers 11:30—Potluck Lunch	9:00 a.m. – 3:30 p.m. Senior Enrichment Day Cleveland Park	9:00—Billy Graham "The Cove" and Lunch	16	The Wagon Wheel 4:00PM	18
19	20 Assessments 9:00—Tai Chi 10:00—David's Bible Study 11:00—What Do You Know? 11:30—Lunch 12:00—Walk	9:00—Exercise 10:00— Let's Bingo 11:00—Music by George and Mina 11:30—Lunch	9:00—Exercise 10:00—Storytelling 11:00—Nutrition Education 11:30—Lunch 12:00—Walk	23	24	25
26	27 CLOSED Memorial Day	9:00—Exercise 10:00—Bill's Bible Study 11:00—Music by Shawn and Tony 11:30—Lunch	9:00—Exercise 10:00—Let's Go Eat Some Mexican Food	30	31	