



Northwest Community Center
 701 Saxon Ave.
 Spartanburg, SC 29304
 (864) 562-4291
 Recreation Assistant: Drew Means
 Recreation Assistant: Dorothy Thomas

SEPTEMBER 2019

Programming provided on
 Monday – Friday 8:30 am – 1:00 pm
 All activities are subject to change



Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CLOSED Labor Day	3 9:00—Gym Walk 9:30—Nurse Lori 10:00—Checkers 11:00—Arthritis Exercise 12:00—Lunch	4 9:00—Gym Walk 9:30—Paniculation 10:00—Horseshoes 11:00—Arthritis Exercise 12:00—Lunch	5 9:00—Gym Walk 9:30—Choir 10:30—Bible Study with Min. Harris 12:00—Lunch	6 9:00—Gym Walk 9:30—Balloon Toss 9:30—BP Check 10:00—Songs of Praise with Jackie 11:00—Arthritis Exercise 12:00—Lunch	7
8	9 9:00—Gym Walk 9:30—Word Searches 10:30—New Day Book 11:30—Dance Contest 12:00—Lunch	10 9:00—Gym Walk 9:30—Advisory Meeting 10:00— Pastor C. Sims 11:00—Arthritis Exercise 12:00—Lunch	11 9:00—Gym Walk 9:30—Sudoku Puzzles 10:00— Min. Logan 11:00—Arthritis Exercise& 12:00—Lunch	12 9:00—Gym Walk 9:30—Choir 10:30—Bible Study with Min. Harris 12:00—Lunch	13 9:00—Gym Walk 9:30—Paniculation 10:00—BP Check 11:00—Arthritis Exercise 12:00—Picnic: Bag Lunches	14
15	16 9:00—Gym Walk 9:30—Paniculation 10:30—Mins. Cynt Brown 11:30—Walking Outside 12:00—Lunch	17 9:00—Gym Walk 9:30—Pokeno 10:00—Checkers 11:00—Arthritis Exercise 12:00—Lunch	18 9:00—Gym Walk 9:30—Shopping 10:00—Birthday Party 10:30—Sing-a-long 11:00—Arthritis Exercise 12:00—Lunch	19 9:00—Gym Walk 9:30—Choir 10:30—Bible Study with Min. Harris 12:00—Hamburgers	20 9:00—Gym Walk 9:30—Balloon Toss 10:00—BP Check 11:00—Arthritis Exercise 11:00—Bingo at N.W. Center	21
22	23 9:00—Gym Walk 9:30—Beacon Breakfast 10:00—Nutrition Education 10:30—Balloon Volleyball 11:30—Hula Hoops 12:00—Lunch	24 9:00—Gym Walk 9:30—Crafts 10:00—Pokeno 11:00—Arthritis Exercise 12:00—Lunch	25 9:00—Gym Walk 9:30—Button Button 10:00— Rev. H. Kerns 11:00—Arthritis Exercise 12:00—Lunch	26 9:00—Gym Walk 9:30—Choir 10:30—Bible Study with Min. Harris 12:00—Lunch	27 9:00—Gym Walk 9:30—Horseshoes 10:00—BP Check 11:00—Arthritis Exercise 12:00—Lunch	28
29	30 9:00—Gym Walk 9:30—Fellowship at T.W. Edwards Center 12:00—Lunch					