

Timken Community Center

November 2019



180 Foster Street
 Cowpens, SC 29330
 (864) 406-0726
 Recreation Assistant: Debi Brown
 dbrown@spartanburgcounty.org

Programming provided on
 Monday – Wednesday 8:30 am – 1:00 pm
 All activities are subject to change.



Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 9:00—Exercise 10:00—Computer Class with McKinsey 11:30—Lunch	5 9:00—Trip to Strawberry Hill for Breakfast 	6 9:00—Exercise 10:00—Advisory Meeting 11:30—Hamburger and Hot Dogs for Lunch	7	8	9
10	11 CLOSED Veterans Day 	12 9:00—Exercise 10:00—Seniors Take Charge: Are You Smarter than a 5 th Grader? 11:30—Bag Lunch	13 9:00—Exercise 10:00—Stewart with Hospice 11:30—Lunch Bring your Favorite Soup 	14	15 4:00 pm Wagon Wheel Fish Camp	16
17	18 9:00—Exercise 10:00—Bluegrass Music with Joy Makers 11:30—Potluck Lunch (Thanksgiving Dinner)	19 9:00—Exercise 10:00—Bill Lark's Bible Study 11:00—Music by Shawn and Tony 11:30—Lunch	20 9:00—Exercise 10:00—Jessica with Davis Audiology-Hearing Test (Please Sign Up) 11:30—Lunch 	21	22	23
24	25 9:00—Tai Chi 10:00—Eddy Smith's Bible Study 11:00—Wheel of Fortune 11:30—Lunch	26 9:00—Exercise 10:00—Bingo with Teresa (Blue Ridge Healthcare) 11:00—Music by George and Mina 11:30—Lunch 	27 9:00—Exercise 10:00—Brian Harris's Bible Study 11:00—Nutrition Education 11:30—Lunch	28 HAPPY THANKSGIVING 	29	30