



Landrum Aging Well Center  
211 S. 562  
Landrum, SC 29356










# January

Programming provided on  
Tuesdays & Thursdays 9:00 a.m. – 1:00 p.m.  
\*All activities are subject to change\*



## Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 <p><b>NEW YEARS EVE Party!</b></p>		<p><b>2</b> 9- Coffee and Chat 9:30- Opening Remarks 10- Nursing Home Cards 11- Exercise- Aerobics 12- Lunch</p>		
		<p><b>7</b> 9- Coffee and Chat 9:30- Opening Remarks 10- Images of History Activity 11-Exercise Time 12- Lunch</p>		<p><b>9</b> 9- Coffee and Chat 9:30- Opening Remarks 10-FSIS Presentation 11-Exersice Time 12- Lunch</p>		
		<p><b>14</b> 9- Coffee and Chat 9:30-Opening Remarks 10- Authored Apparel 11- Exercise Time 12- Lunch</p> 		<p><b>16</b> 9- Coffee and Chat 9:30- Opening Remarks 10- Story Time (Funny Memories) 11- Exercise Time 12- Lunch</p> 		
		<p><b>21</b> 9- Coffee and Chat 9:30- Opening Remarks 10- Movie Day 12- Lunch</p> 		<p><b>23</b> 9- Coffee and Chat 9:30- Opening Remarks 10- Game Day/ Wild Card 11- Exercise Time 12- Lunch</p> 		
		<p><b>28</b> 9- Coffee and Chat 9:30- Opening Remarks 10- Show and Tell 11-Exercise Time 12- Lunch</p> 		<p><b>30</b> 9- Coffee and Chat 9:30- Opening Remarks 10- Birthday Bash 11- Bingo 12- Lunch</p> 