



Northwest Community Center
 701 Saxon Ave.
 Spartanburg, SC 29304
 (864) 562-4291
 Recreation Assistant: Drew Means

JANUARY 2020

Programming provided on
 Monday – Friday 8:30 am – 1:00 pm
 All activities are subject to change



Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 CLOSED New Year's Day	2 9:00—Gym Walk 9:30—Word Searches 10:00—Share Good News 11:00—Dance Contest 12:00—Lunch	3 9:00—Gym Walk 9:30—Balloon Toss 10:00—BP Check 11:00—Arthritis Exercise 12:00—Lunch	4
5	6 9:00—Gym Walk 9:30—Word Searches 10:00—Cards 11:00—Pool Game 12:00—Lunch	7 9:00—Gym Walk 9:30—Word Searches 10:30—Hat Fashion Show 11:00—Arthritis Exercise 12:00—Lunch	8 9:00—Gym Walk 9:30—Word Searches 10:00—Snackivity: PB & Banana 10:30—Elvis Trivia 11:00—Arthritis Exercise 12:00—Lunch	9 9:00—Gym Walk 9:30—Word Searches 10:00—Artistic Expressions: Snow Scapes 11:00—Nutrition Education 12:00—Lunch	10 9:00—Gym Walk 9:30—BP Check 10:00—Bible Study with Brian Harris 11:00—Arthritis Exercise 12:00—Lunch	11
12	13 9:00—Gym Walk 9:30—Word Searches 10:00—Board Games (bring your favorite) 11:00—Gospel Music 12:00—Lunch	14 9:00—Gym Walk 9:30—Word Searches 10:30—Minister Sims 11:00—Arthritis Exercise 12:00—Lunch	15 9:00—Gym Walk 9:30—MLK Birthday Celebration 10:30—MLK Day of Service: Packing Party 11:00—Arthritis Exercise 12:00—Lunch	16 9:00—Gym Walk 9:30—Word Searches 10:00—Butterbean Auction 11:00—Advisory Meeting 12:00—Lunch	17 9:00—Gym Walk 9:30—Balloon Toss 10:00—BP Check 11:00—Bingo and Lunch at NWC	18
19	20 CLOSED MLK Day	21 9:00—Gym Walk 9:30—Word Searches 10:00—Shopping at Hamrick's 10:00—Pool Game 11:00—Arthritis Exercise 12:00—Lunch	22 9:00—Gym Walk 9:30—Word Searches 10:30—Music with Alison Hughey 11:00—Arthritis Exercise 12:00—Lunch	23 9:00—Gym Walk 9:30—Word Searches 10:00—Wheel of Fortune 11:00—Bowling 12:00—Lunch	24 9:00—Gym Walk 9:30—Balloon Toss 10:00—BP Check 10:30—National Compliment Day 11:00—Arthritis Exercise 12:00—Lunch	25
26	27 9:00—Gym Walk 9:30—Word Searches 10:00—Show & Tell 11:00—Karaoke 12:00—Lunch	28 9:00—Gym Walk 9:30—Word Searches 10:30—Balloon Toss 11:00—Arthritis Exercise 12:00—Lunch	29 9:00—Gym Walk 9:30—Word Searches 10:30—Bingo with Teresa 11:00—Arthritis Exercise 12:00—Lunch	30 9:00—Gym Walk 9:30—Word Searches 10:00—Riddle Me This 11:00—Horseshoes 12:00—Lunch	31 9:00—Gym Walk 9:30—Balloon Toss 10:00—BP Check 11:00—Arthritis Exercise 12:00—Lunch	