



Spartanburg Regional
Foundation









Landrum Aging Well Center
211 S. 562
Landrum, SC 29356

March 2020

Programming provided on
Tuesdays & Thursdays 9:00 a.m. – 1:00 p.m.
All activities are subject to change.



Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		3 9-Coffee and Chat 9:30- Opening Remarks 10- Wild Card 11- Exercise Time 12- Lunch 		5 9-Coffee and Chat 9:30- Opening Remarks 10- Fire Department Safety Talk! 11-Exercise Time 12- Lunch 		
		10 9- Coffee and Chat 9:30- Opening Remarks 10- Movie Day 11- Exercise Time 12-Lunch 		12 9- Coffee and Chat 9:30- Opening Remarks 10- Art Class with Grace 11-Exercise Time 12- Lunch 		
		17 9- Coffee and Chat 9:30- Opening Remarks 10- St. Patty's Day Celebration 12- Lunch 		19 9-Coffee and Chat 9:30-Opening Remarks 10- Show and Tell 11-Exercise Time 12-Lunch		
		24 9- Coffee and Chat 9:30- Opening Remarks 10- Make Kites 11- Fly Kites 12- Lunch 		26 9-Coffee and Chat 9:30- Opening Remarks 10-Birthday and Bingo Bash 11-Exercise Time 12- Lunch		
		31 9-Coffee and Chat 9:30-Opening Remarks 10- Exercise Time 11-Cook Off!! 12-Lunch 